# Framework for Considering Provision of Guidance

# in

# **Post Primary Schools – September 2012**

Issued by Association of Community and Comprehensive Schools (ACCS), Irish Vocational Education Association (IVEA), Joint Managerial Body (JMB) and National Association for Principals and Deputy Principals (NAPD)

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## **1.0 INTRODUCTION**

This framework document provides guidance for school management in the allocation of teaching hours to guidance counselling in post-primary schools in the context of the decision in Budget 2012 to withdraw the provision of ex-quota guidance hours to schools.

The framework takes as its starting point Paragraph 4 of DES <u>Circular 0009/2012</u> – *Staffing Arrangements in Post-Primary Schools for the 2012/13 School Year*, which sets the context for the provision of guidance in schools and, in doing so, highlights the following statutory requirement regarding guidance.

Section (9) of the Education Act (1998), Subsection (c), states that schools must "ensure that students have access to appropriate guidance to assist them in their educational and career choices".

Furthermore, the framework references best practice and DES guidelines as articulated in the publications referenced at 1 to 4 immediately below. The Inspectorate's identification of best practice effectively broadens out the DES guidelines in a very tangible way for both guidance counsellors and school management. Though the Inspectorate's report was written prior to schools losing their entitlement to an 'ex quota' staffing allocation for guidance counselling, it is, nevertheless, essential reading for anyone interested in improving guidance counselling in schools.

- 1. <u>Circular 0009/2012</u> Staffing Arrangements in Post-Primary Schools for the 2012/13 School Year ( DES 2012)
- 2. <u>Guidelines for Second-Level Schools on the Implications of Section 9(c) of the</u> <u>Education Act 1998, Relating to Students Access to Appropriate Guidance (DES 2005).</u>
- 3. DES Inspectorate Publication in 2009 'Looking at Guidance
- 4. <u>Guidance for all? Guidance Provision in Second-Level Schools</u> By Selina McCoy, Emer Smyth, Merike Darmody and Allison Dunne (ESRI 2006)

The following publications, though not referenced in Circular 0009/2012, may also help inform school management in planning for the provision of appropriate guidance counselling in their schools.

• NCGE publication on Planning the School Guidance Programme.

http://www.ncge.ie/reports/Pl\_Sch\_Gui\_prog\_leaf.pdf

- <u>The Practice of Counselling by Guidance Counsellors in Post primary Schools</u>: Claire Hayes & Mark Morgan, NCGE (2011). This is relevant, in particular, to the whole matter of counselling. Indeed, it recommends that 'the DES needs to clarify 'what exactly the practice of counselling by guidance counsellors involves, its limits and how it can be supported, evaluated and developed'. (Chapter 8, page 07) The DES response to this research report may be accessed from the NCGE website.
- <u>http://www.ncge.ie/documents/Publications%20&%20Papers/DES%20Response</u> %20to%20Research.pdf
- The NCCA draft curriculum framework for guidance (2007) provides support for schools in developing student access to appropriate guidance. It stresses the importance of a balanced approach to guidance provision, both in terms of the coverage of a broad range of topics and skills, and in terms of student access to guidance across all the years of post-primary education. The draft framework and associated documents may be accessed from the NCCA website.

http://www.ncca.ie/en/Curriculum\_and\_Assessment/Post-Primary\_Education/Guidance

• Institute of Guidance Counsellors (IGC): <u>A Whole School Guidance and Counselling</u> Service and Curriculum: Roles and Relationships. Each of the above documents is hyperlinked on the electronic version of the framework and, to make the information easy to access, the framework is presented in 13 separate sections – each of which is hyperlinked from the list of contents.

## 2.0 AUTONOMY OF SCHOOL MANAGEMENT

<u>Circular 0009/2012</u> – *Staffing Arrangements in Post-Primary Schools for the 2012/13 School Year* states that schools (principals and management authorities) now have "autonomy to 'allocate and manage staff' for the 'provision of guidance to students'. (Section 4.2)

The DES Inspectorate Publication in 2009 'Looking at Guidance states that 'While the responsibility for the deployment of resources to support the school's guidance programme rests with the management, the guidance counsellor should have responsibility for the design and delivery of the programme'. In fact, 'the inspectors found this to be the case in most schools. Good practice in this regard, such as clear delegation of responsibility to the guidance counsellor as co-ordinator of a planning team, was often combined with good planning processes, which included structured meetings and the involvement of management'. (Section 2.1, page 6). Of course, the Guidance Counsellor cannot deliver the whole programme; s/he is only responsible for delivering his/her specific elements of the programme.

Regarding the autonomy of school management to allocate and manage staff for the provision of guidance to students, Circular 0009/2012 notes (Section 4.4) that the DES 2005 Guidelines<sup>1</sup> and the 2009 Inspectorate Report<sup>2</sup> 'were published at a time when a separate additional allocation was given to guidance' and should be read 'in the context of the further autonomy being provided to schools relating to the allocation of resources and some elements may need to be adjusted ...' Essentially, this means that resources may now have to be deployed differently in order to achieve the outcomes desired for students.

## 3.0 GUIDANCE COUNSELLORS AND THE ROLE OF GUIDANCE

<u>Circular 0009/2012</u> states that 'it remains the case that a person being assigned as (a) guidance counsellor must be a qualified, registered second-level teacher' and hold the relevant recognised qualification for school guidance work'. In this regard, all schools, no matter how small need access to a qualified guidance counsellor. Where a school does not have a qualified guidance counsellor on the staff, curricular concessions should be sought from the DES.

'Guidance in schools refers to a range of learning experiences provided in a developmental sequence that assist students to develop self-management skills which will lead to effective choices and decisions about their lives. It encompasses the three separate, but interlinked, areas of personal and social development, educational guidance and career guidance'. (Section 1.4, page 3)

It should be borne in mind that good guidance is essentially holistic. Thus guidance should not be separated into its component parts - personal guidance versus vocational and educational guidance. However, it is appreciated that, in a large school, one guidance counsellor might focus more on the provision of guidance while another may have a counselling focus.

## 4.0 GUIDANCE: A WHOLE SCHOOL ACTIVITY

Whole School Guidance Planning is central to the development and delivery of an effective school guidance programme as it enables schools to identify, prioritise and respond to the guidance needs of students using the resources available to the school for guidance.

<sup>&</sup>lt;sup>1</sup> Guidelines for Second-Level Schools on the Implications of Section 9(c) of the Education Act 1998, Relating to Students Access to Appropriate Guidance (DES 2005)

<sup>&</sup>lt;sup>2</sup> <u>DES Inspectorate Publication in 2009 'Looking at Guidance</u>

A Whole School Approach ensures that a school maximises its resources for guidance through the identification of roles and responsibilities for school management and staff in the provision of appropriate guidance to students.

Whole School Guidance Planning is central to the framework presented in this document.

<u>Circular 0009/2012</u> (Section 4.3) makes it clear that it is 'established policy ... that guidance is a whole school activity' and that schools should consider the 'following options for maximising the use of their available resources for the provision of guidance:'

- 1. 'Optimise the delivery of personal, educational, career and vocational guidance in class group settings'.
- 2. 'Enable some of the curriculum elements of the planned guidance programme to be delivered through other teachers such as SPHE staff,'
- 3. 'Maximise the role of student support or pastoral care team in schools ...'

These considerations should be read in the light of the following DES Inspectorate's recommendations and commendations in Looking at Guidance  $(2009)^3$ .

- 'While the guidance counsellor has 'primary responsibility for the design and delivery of the school's guidance counselling programme', 'other members of staff have important and worthwhile contributions to make to the planning and delivery of many aspects of the programme'. (Section 2.1, page 8)
- Schools should 'review their guidance plan to ensure a greater balance of provision between the Junior and Senior Cycles'. The report also commends schools providing timetabled guidance to junior cycle classes and the practice of every junior cycle class having a 'guidance class every two weeks' and every senior cycle class having a guidance class 'each week'. (Section 2.3, pages 9-10)
- 'First-year students should have some formal lessons in Guidance in the course of the year' ... 'many elements of the SPHE curriculum overlap with Guidance' and there is 'scope for greater collaboration between the guidance counsellor and the teachers of SPHE and RE in planning and delivering the guidance programme for junior cycle in most schools'. (Section 2.4, page 11)
- It is good practice to aim guidance programmes 'at first year, third year and senior cycle students'. (Section 2.4, page 11)
- 'Some inputs on career topics (should) be provided for second year and third year classes in conjunction with the SPHE programme'. (Section 3.2, page 22)
- 'Students in first year should have a module in Guidance to assist them in developing self-management skills and to understand the value of learning'. (Section 3.2, page 22). This would enable schools to respond to the documented desire of students 'to have access to Guidance at an earlier stage in their post-primary schooling and the value of such access'. (Section 3.2, page 23). The ESRI study<sup>4</sup> found that some students were dissatisfied with the 'lack of Guidance before 6<sup>th</sup> year' (Section 3.2, page 23).
- The good practice of guidance counsellors being 'involved in a wide variety of guidance related activities' (Section 3.2, page 24) and with 'programmes that dealt with decision making, developing social skills, or making educational and career choices' (Section 3.2, page 22). At page 22 also, the Inspectorate's report notes approvingly that 'Most guidance counsellors were also involved in the process leading to subject and programme choices in the junior cycle and senior cycle.'
- The good practice of the guidance counsellor's programme including 'interventions at all levels of the school ... including Transition Year (TY), the Leaving Certificate

<sup>&</sup>lt;sup>3</sup> <u>DES Inspectorate Publication in 2009 'Looking at Guidance</u>

<sup>&</sup>lt;sup>4</sup> <u>Guidance for all? Guidance Provision in Second-Level Schools</u> By Selina McCoy, Emer Smyth, Merike Darmody and Allison Dunne (ESRI 2006)

Vocational Programme (LCVP) and Leaving Certificate Applied (LCA), with appropriate inputs in all cases'. (Section 3.3, page 25)

#### 5.0 USE OF ICT IN GUIDANCE

- <u>Circular 0009/2012</u> asks schools to consider enabling 'students to use directly the extensive range of guidance tools available through the internet from relevant websites (e.g. Qualifax, Careers Portal, Career Directions)' to maximise 'the use of their available resources for the provision of guidance.' (Section 4.3)
- The Inspectorate's Looking at Guidance<sup>5</sup> found that 'most students feel competent or very competent in the use of ICT to access information'. (Section 3.4, page 27). Thus it would be important (resources permitting) for guidance classes and students generally to have access to reliable and sufficiently fast broadband, so they may use the extensive range of tools available through the internet to access guidance relevant information.
- There may be potential for those teaching ICT, right through the year groups, to provide students with the knowledge and skills to use effectively a variety of relevant websites (<u>Careers Portal</u>, <u>Qualifax</u>, <u>UCAS</u>, etc.). This would, of course, need to be done in collaboration with the Guidance Counsellor.

### 6.0 THE GUIDANCE COUNSELLOR AND THE CURRICULUM

The Inspectorate's Looking at Guidance<sup>6</sup> acknowledges the following best practice.

- 1. The need for 'a high level of collaboration between the guidance counsellor and the programme or subject coordinators' where 'programmes with a significant guidance component are provided', for example: LCA, LCVP, TY, JCSP. (Section 3.3, page 26).
- 2. The desirability of guidance counsellors being 'consulted' or making 'a significant contribution to curriculum planning'. (Section 3.5, page 28)
- 3. The need for 'structured follow-up when students attend career events' (college open days, industry visits, talks by guest speakers, etc.) and that this follow up should be 'arranged by the guidance counsellor in collaboration with relevant subject teachers'. (Section 3.7, page 31).

### 7.0 PERSONAL COUNSELLING

<u>Circular 0009/2012</u> addresses the need for schools to 'ensure that the guidance counsellor has 1:1 time towards meeting the counselling needs of students experiencing difficulties or crisis. (Section 4.3)

The Inspectorate's Looking at Guidance<sup>7</sup> draws attention to two related matters:

- 'the importance to students of some one-to-one contact with a guidance counsellor is supported by the ESRI research' findings; (Section 3.2, page 24)
- the extent to which the 'guidance counsellors personal knowledge of students and of their interests' is 'a noticeable advantage especially during lessons in which choices of future courses and occupations were themes'. (Section 4.2, page 35)

The DES 2005 Guidelines<sup>8</sup> make two further points regarding counselling.

• 'Counselling is a key part of the school guidance programme, offered on an individual or group basis as part of a developmental learning process and at moments of personal crisis. Counselling has as its objective the empowerment of students so that they can make decisions, solve problems, address behavioural issues, develop coping strategies and

<sup>&</sup>lt;sup>5</sup> DES <u>Inspectorate Publication in 2009 'Looking at Guidance</u>

<sup>&</sup>lt;sup>6</sup> DES Inspectorate Publication in 2009 'Looking at Guidance

<sup>&</sup>lt;sup>7</sup> <u>DES Inspectorate Publication in 2009 'Looking at Guidance</u>

<sup>&</sup>lt;sup>8</sup> <u>Guidelines for Second-Level Schools on the Implications of Section 9(c) of the Education Act</u> 1998, Relating to Students Access to Appropriate Guidance (DES 2005)

resolve difficulties they may be experiencing. Counselling in schools may include personal counselling, educational counselling, career counselling or combinations of these'. (page 4)

• 'Counselling should be available when necessary, on an individual and/or group basis, to assist students in their personal and social, educational and career development. Guidance counsellors are qualified to provide counselling support to students. The demands for counselling will vary among schools and within any particular school from year to year, in response to student needs. Schools, therefore, require flexibility in determining the allocation of time for the guidance counsellor/s to engage in counselling. However, schools need to balance the time available to the guidance counsellor/s for individual counselling against their responsibilities to the full student body in the school. It is recommended, therefore, that in cases where students require personal counselling over a protracted period of time, guidance counsellors should refer such cases to relevant outside agencies' – depending, of course, on the availability of such services. (page 10)

#### 8.0 PARENTS

The Inspectorate's Looking at Guidance<sup>9</sup> draws attention to the good practice of guidance counsellors attending 'parent teacher meetings' and planning and arranging 'information sessions for parents and students'. (Section 3.2, page 24) Here, the commitment of guidance counsellors to providing information to and information sessions for parents is acknowledged.

#### 9.0 TESTING AND ASSESSMENT

The Inspectorate's Looking at Guidance<sup>10</sup> stresses the 'vital role' that guidance counsellors play in ensuring that 'good assessment and test information is available to inform decisions about students' learning and about the choices and decisions that they and others make about their lives' – an aspect of guidance counsellor's work that 'ranges from the assessment and testing of incoming students to the diagnosis<sup>11</sup> of learning difficulties and the aptitude testing that aids students in making educational and career choices'. (See Section 5.1, page 40) Clearly, all testing needs to be undertaken in line with best ethical practice.

In relation to testing, the Inspectorate's report emphasises the need for schools to use 'up-todate and appropriately standardised' tests and cautions against using test results to stream or band students in first year. (Section 5.4, page 43)

The DES has published a list of formal assessment instruments (including tests) that are approved for use in 2011/2012 for guidance and/or learning support in post-primary schools. This may be accessed on the DES website.

http://www.education.ie/servlet/blobservlet/pp\_approved\_tests\_2011.pdf?language=EN

#### 10.0 TIME FOR SMALL GROUP OR ONE-TO-ONE GUIDANCE COUNSELLING

How much time needs to be set aside on the Guidance Counsellors timetable for one-to-one or small group guidance counselling?

The first consideration here is that, notwithstanding the new reality that guidance hours are now part of a school's overall teacher allocation, and this change is an effective increase of .8 in the PTR, guidance counsellors timetables will need to provide for a appropriate amount of one-to-one and small group guidance counselling and these one-to-one sessions are not just about meeting the needs of students with 'personal problems'. There will also be a need for one-to-one or small group sessions around subject, course and career choice issues.

In estimating the amount of time that should be allocated for one-to-one or small group guidance counselling in a guidance counsellor's timetable, it is necessary to have regard for

<sup>&</sup>lt;sup>9</sup> DES Inspectorate Publication in 2009 'Looking at Guidance

<sup>&</sup>lt;sup>10</sup> DES Inspectorate Publication in 2009 'Looking at Guidance

<sup>&</sup>lt;sup>11</sup> It would be more appropriate to use the term 'identification' but, since the report uses 'diagnosis', and this is a quotation, 'diagnosis' is used here.

the school's student profile; in other words, the need that a particular student population is likely to have for one-to-one counselling. In coming to a conclusion about this level of need, the availability of other appropriately qualified staff to provide such counselling will need to be taken into account. The DES 2005 Guidelines<sup>12</sup> recommendation that students requiring 'personal counselling over a protracted period of time' should be referred 'to relevant outside agencies' also needs to be considered – see above.

While it is <u>not</u> possible to prescribe in any way the proportion of a guidance counsellor's timetable that should be set aside for one-to-one or small group counselling/guidance, the following illustration (Table 1) may assist school management in grappling with this issue. The illustration assumes a school of 540 students with six year groups, each of 90 students.

#### Table 1

Year Group	Number of Students per Year Group	Time in minutes on Guidance Counsellor's Timetable for one-to- one guidance counselling per student per school-year	Guidance Counsellor's
1 <sup>st</sup> Year	90	30	45
2 <sup>nd</sup> Year	90	20	30
3 <sup>rd</sup> Year	90	40	60
4 <sup>th</sup> Year	90	20	30
5 <sup>th</sup> Year	90	30	45
6 <sup>th</sup> Year	90	60	90
Total ho	ours for on	e-to-one & small group guidance	300
counselling per year			
	ours for on 1g per week	e-to-one & small group guidance	<b>8.98</b> <sup>13</sup>

Please note that this illustration is provided purely for the purpose of demonstrating how one might go about analysing the time that might be set aside for one-to-one or small group guidance counselling.

It is <u>stressed</u> that the illustration is <u>not</u>, <u>in any sense</u> intended to convey how any particular school might allocate time for one-to-one or small group guidance counselling. Consequently, it is emphasised that <u>the amount of time that a school should allocate for one-to-one guidance counselling is something that has to be determined by each school management</u>, following consultation with the Guidance Counsellor – having regard to all relevant factors at play in a particular school, at a particular time.

A further consideration here is the concern raised in the Inspectorate's **Looking at Guidance**<sup>14</sup> around 'a lack of clarity in some schools regarding how the non-timetabled allocated hours for Guidance are being used'. (Section 2.3, page 10)

To assist school management in analysing what time it might need to allocate to its guidance counsellor for one-to-one and small group guidance counselling, an interactive spread sheet is available **HERE** on the electronic version of the framework. This will allow users to vary the size of the year groups, to vary the time it might consider allocating for one-to-one or small group guidance counselling on a per student basis or to vary the year groups for which it might make provision for one-to-one or small group guidance counselling, and so on.

The responsibility of the Guidance Counsellor to use his/her time wisely in dealing with crisis interventions also needs to be borne in mind.

<sup>&</sup>lt;sup>12</sup> <u>Guidelines for Second-Level Schools on the Implications of Section 9(c) of the Education Act</u> 1998, Relating to Students Access to Appropriate Guidance (DES 2005)

<sup>&</sup>lt;sup>13</sup> Based on a 167 day ( 33.4 week) school year

<sup>&</sup>lt;sup>14</sup> <u>DES Inspectorate Publication in 2009 'Looking at Guidance</u>

It is essential that all class-based guidance activities are supported by access to one-to-one vocational, educational and personal counselling, provided by the Guidance Counsellor. Furthermore, the one-to-one or small group aspect of the guidance counselling service cannot be provided in a curricular setting.

One final point here, the Inspectorate's Looking at Guidance<sup>15</sup> acknowledged that 'record keeping among guidance counsellors is almost universally good' and that 'school records and sensitive materials are well managed and stored in a secure manner' (Section 5.4, page 42). That said, however, while good record keeping is essential to good guidance counselling, the time devoted to record keeping needs to be kept in proportion. Record keeping is a means to an end – not an end in itself.

## 11.0 GUIDANCE PROVISION IN A SCHOOL

Each school has different needs when it comes to the allocation of teaching resources to guidance counselling and these needs are the critical issue in allocating staff resources to guidance counselling in any particular school. That said, however, it might be helpful if school management was to consider the following matters in allocating teaching resources to guidance counselling in the context of the DES decision to remove the entitlement of schools to an ex-quota teaching allocation for guidance.

- The need to ensure that guidance counselling is adequately provided for notwithstanding the need to meet the curricular (subject) needs of students. Thus possibilities for timetabling the Guidance Counsellor to deliver (to timetabled class groups) elements of the curriculum with a guidance component might be considered. Such an approach to deploying the Guidance Counsellor can deliver timetabling and other synergies for a school. For example, other teachers will be 'freed up' to teach curricular subjects, the Guidance Counsellor will be able to deliver elements of the guidance programme to class groups, students may be exposed to a structured guidance programme at an earlier point in their second level education, the role of the Guidance Counsellor will be understood by students from early in their second level education, and the Guidance Counsellor will get to know the students in advance of the big issues of subject, career and third level choices emerging.
- The need for guidance to be seen as a whole school activity involving many members of the school staff. Indeed, when one considers the three dimensions of guidance (personal, educational and vocational), all members of the teaching staff are in some way involved in providing guidance to students, though they may not recognise it. Of course, it is the responsibility of the Guidance Counsellor to coordinate the guidance programme under the direction of senior management.
- The importance of guidance counsellors knowing the students they guide and counsel. One way of ensuring that guidance counsellors get to know students as soon as possible after they transfer to second level, might be to involve them in the delivery of SPHE to first year. This would not necessarily mean that they would have to deliver the full SPHE programme to first years but they might deliver those elements of the programme that have a particular guidance orientation to first years.
- Similarly, the Guidance Counsellor might be timetabled to deliver the guidance elements in the third year SPHE programme and maybe even in the 2nd year SPHE programme. This could maximise the use of teaching resources by 'saving' teaching hours that might be applied to delivering the subject curriculum, while enabling the Guidance Counsellor to provide significant guidance on subject choice and related matters to class groups.
- To ensure that the involvement of the Guidance Counsellor in the delivery of the SPHE programme delivers real 'timetable savings', it might be necessary to block timetable the Guidance Counsellor and other staff delivering the SPHE programme. For example, in a school with six (6) class groups in 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> year, the Guidance Counsellor and

<sup>&</sup>lt;sup>15</sup> <u>DES Inspectorate Publication in 2009 'Looking at Guidance</u>

another teacher would need to be to timetabled to teach pairs of SPHE classes (for example, 1A and 1B) at the same time each week - with the Guidance Counsellor taking each class for 50% of the time. If this approach was applied across the Junior Cycle, it could, in any one school year, result in a saving of some 200 teaching hours – just under .27 of a full teaching post. Even if this was only done for  $1^{st}$  and  $3^{rd}$  year, there would be a saving of just under .18 of a full-time teacher – 132 teaching hours.

Alternatively, the Guidance Counsellor could be block timetabled with two other SPHE teachers in the same year – with the guidance counsellor taking each of the three classes once every three weeks.

This example is provided merely to illustrate how judicious timetabling can deliver synergies that maintain the guidance service while preserving student subject choice. However, adopting such an approach would require collaboration between the Guidance Counsellor and the other staff delivering the SPHE programme.

Conversely, there may be possibilities for SPHE teachers delivering the study skills and other related elements of the guidance programme – thus releasing the Guidance Counsellor for other work.

- Given the extent to which the internet provides a wealth of resources for the school guidance programme, might guidance counsellors be timetabled to take some computer classes to explore these resources with students? This would release those who might otherwise be taking the computer classes to deliver other areas of the curriculum while also providing the Guidance Counsellor with opportunities for delivering some elements of the guidance programme to class groups. To maximise the use of teaching resources, it might also be advisable to block timetable the Guidance Counsellor with other members of staff in this context.
- What potential is there for the Guidance Counsellor taking transition year classes for a module on career investigation or reflection on work placement? Again, using similar timetabling approaches to those suggested above for delivering SPHE, it should be possible to improve the efficiency with which the guidance programme is delivered while making timetabling savings that may be used to resource subject teaching. For example, where there are four (4) transition year class groups in a year, the block timetabling of the Guidance Counsellor with another teacher for one period a week (for pairs of TY classes) could, potentially result in a saving of two (2) class periods a week that could then be applied to delivering the non-guidance aspects of the TY curriculum.

Similar approaches might be considered in relation to LCVP and LCA class groups.

- Is it necessary to timetable the Guidance Counsellor for classes with 6<sup>th</sup> year for the whole of their Leaving Certificate Year given that many 6<sup>th</sup> years will have come to fairly firm conclusions about third level courses and career directions by the end of January? Might it be possible to release the Guidance Counsellor from having to take careers' classes with 6<sup>th</sup> year from the beginning of February? While this approach might suit in schools where the vast majority of 6<sup>th</sup> years are proceeding directly to 3<sup>rd</sup> level, it might not be suited to schools with a large number of students looking to enter PLC or other courses. Also, students will need assistance around 'change of mind' and the completion of HEAR, DARE and grant applications. All these issues need to be taken into account in answering this question.
- Is it necessary to timetable the Guidance Counsellor to take all 5<sup>th</sup> year class groups for all of 5<sup>th</sup> year? Might it be feasible to timetable the Guidance Counsellor to take all 5<sup>th</sup> years in class Groups for careers, from the beginning of February? Again the particular circumstances of the school will determine what is desirable and feasible.
- Is there any potential for the Guidance Counsellor making contributions to year group assemblies in order to provide information to students around subject choice, third level course choice, career choice, CAO applications or other matters? Here, however, the Guidance Counsellor should not be left to take a full year group on his/her own. It would be important that other members of staff be involved in such assemblies. For example,

full year group assemblies might be scheduled for year groups at intervals throughout the year and some or all of the following might contribute, as appropriate, to these assemblies - the Principal, the Deputy Principal, the Year Head, the Chaplain, the Exam Secretary, and so on.

These assemblies have the potential to facilitate the efficient dissemination of information to students. Remember, information provided to either class or year groups can ensure that all students receive the same messages. While such assemblies can only be suited to the dissemination of information, they might be used to 'set the scene' for one-to-one or small group guidance counselling.

To distribute the loss of class contact time across the different subjects, a series of assemblies for a particular year group could be scheduled at different times of the day or week.

### 12.0 GUIDANCE COUNSELLOR PROFESSIONAL DEVELOPMENT

School management should facilitate where possible a Guidance Counsellor who wishes to attend professional supervision or continuous professional development organised through the Institute of Guidance Counsellors (IGC). This will mean blocking out the Guidance Counsellors timetable on the relevant afternoon subject to the Guidance Counsellor still delivering the full 22 hours student contact per week. Of course, on days when there are no IGC sessions, the Guidance Counsellor may wish to see students on a one-to-one or small group basis.

## **13.0 CONCLUDING REMARKS**

The overall aim of this framework is to provide school management with access to guidance and information relevant to reconciling the statutory requirement for schools to provide their students with access to appropriate guidance and the new reality that the staffing allocation for guidance now falls within the school's teacher allocation quota. In doing so, the framework, through a single portal, provides school management with access to a range of publications relevant to addressing the guidance counselling issue.

The non-prescriptive nature of the framework is stressed at a number of points throughout the document, nevertheless it needs to be reiterated here that this framework is <u>not intended</u>, in <u>any sense</u>, to prescribe how schools might manage their guidance counselling programmes; it simply provides school management with information and perspectives that may inform the decisions they will have to take around ensuring compliance with what amounts to a statutory duty to provide appropriate guidance to their students. Ultimately, however, each school will have different needs, circumstances and resources and their decisions will have to take full account of these. In the matter of guidance counselling provision, one size certainly does not fit all.

The DES 2005 Guidelines<sup>16</sup> and 2009 Inspectorate Report<sup>17</sup> were published when a separate additional allocation was given to guidance. Consequently, notwithstanding the extent to which both of these publications document good practice, it may now be difficult to meet fully the aspirations expounded in these documents – even where new approaches to delivering the guidance programme produce synergies.

Finally, where school management requires further information about guidance planning, it might contact the National Centre for Guidance in Education at <u>www.ncge.ie</u>.

<sup>&</sup>lt;sup>16</sup> Guidelines for Second-Level Schools on the Implications of Section 9(c) of the Education Act 1998, Relating to Students Access to Appropriate Guidance (DES 2005)

<sup>&</sup>lt;sup>17</sup> <u>DES Inspectorate Publication in 2009 'Looking at Guidance</u>